

COURSE INFORMATION

PADEL COACH A

Course 2023-2024

June 2023

Coaches Department, KNLTB
Amstelveen

**EXPECT THE
UNEXPECTED**



BECOMING A PADEL COACH ...

... SOMETHING FOR YOU?



SOME QUESTIONS ...

- ... what will I learn?
- ... what does the course look like?
- ... what does a course day look like?
- ... how much time do I need for the course (in addition to the course days)?



Do I take on the challenge?

IS THIS FOR ME?

Profile of a padel coach

- Coaching lessons
- Juniors and adults
- Recreational level,
playing standards 9-6

Admission requirements:

- ✓ At least 18 years old
(when taking the final test)
- ✓ At least 1 year padel experience
- ✓ Good feeding skills
- ✓ Good technical demonstration
- ✓ Own a laptop or tablet (for ELE)



WHAT WILL I LEARN?



Coaching group lessons (juniors and adults)

Organising events

Dealing with volunteers (clubs)

Engagement with the location (club or commercial party)

STRUCTURE OF THE COURSE

+/- 16 weeks (course days)

HYBRID LEARNING

LEARNING BY DOING

COURSE DAYS WITH PRACTICAL APPROACH

GAINING EXPERIENCE FROM DAY 1

**EXPECT THE
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FIRST AID

- If you have a valid diploma you are exempted from this part (during the course your diploma must remain valid)
- If you are absent at First Aid day, you must obtain that diploma yourself (during the padel course period)

STRUCTURE OF THE COURSE

PADEL COACH A	February			March			April			May			June			July			Tests:																
	06-02-22	13-02-22	20-02-22	27-02-22	06-03-22	13-03-22	20-03-22	27-03-22	03-04-22	10-04-22	17-04-22	24-04-22	01-05-22	08-05-22	15-05-22	22-05-22	29-05-22	05-06-22	12-06-22	19-06-22	26-06-22	03-07-22	10-07-22	17-07-22	24-07-22										
Micro teaching course day	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							1	General Theory		
Player teaching course day	1	2	3	4		5	6	7	8																								2	Pedagogy (how to coach)	
Conditional assignment	Motives - game description	The Padel Play	First Aid	Initial situation - analysis		Smart goals	Timing-methodological	Biomechanics	Personal skills	Differentiating	Lesson preparation			Feeding skills	Plan for season - lesson prep	Main game situations	Juniors	Evaluating	Reflecting														3	Technique & Tactics	
Theory test							1		1*		2			2*		3		*3																*	Week practical exam
TEST document-exam																			TEST 3.1. HANDING IN DOC		TEST 3.1. COACHING													*	Re-examination theory test

N.B.: THIS IS AN EXAMPLE. NOT THE SAME FOR ALL LOCATIONS.

A COURSE DAY

Example of the daily structure

Hour	Content
09h00 – 10h00	Day start - theory
10h00 – 12h00	On court - practice
12h00 – 12h30	Lunch
12h30 – 14h30	On court - practice
14h30 – 15h00	Close the day - reflection

6H PER DAY



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STUDY: AT HOME

Elektronic Learning Environment (ELE)

= supporting platform

- Lesson content
- Handing in assignments
- Testing Theory

**Environment will be renewed compared to previous courses*

TRAINING: INTERNSHIP

Gain experience!

- Preparation
- Execution
- Evaluation

Supervisor internship



Lessons



Activities



Support
staff



Matches



TESTING

- 1 General Theory
- 2 Pedagogy (how to coach)
- 3 Technique & tactics

- 1 Coaching lessons/groups PRACTICE
- 2 Organising activities PORTFOLIO
- 3 Managing support staff PORTFOLIO



EXPECT THE UNEXPECTED

COST

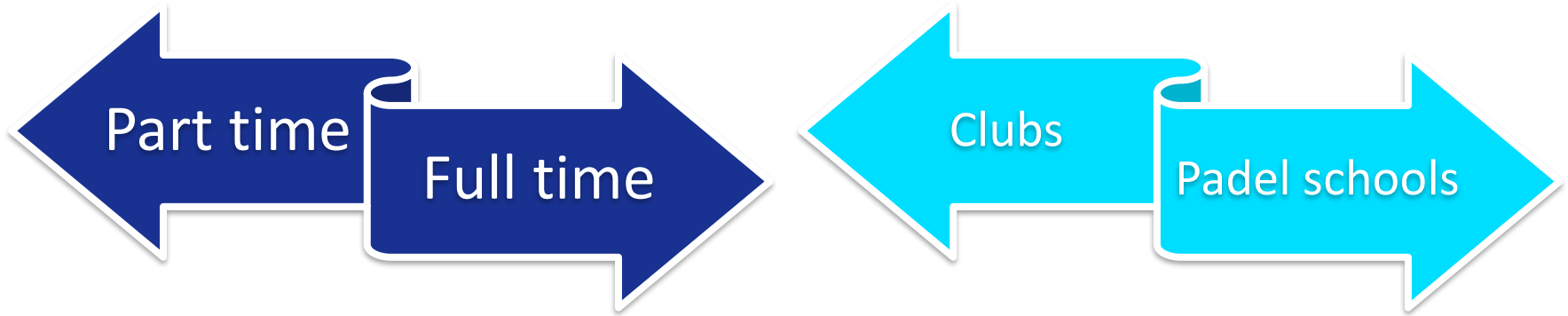
1,875 EUR

** At registration a deposit of 395 EUR is due*

- ■ ■ Course location and materials
- ■ ■ Study coach
- ■ ■ Electronic learning environment with lesson content (PPT, videos, ...)
- ■ ■ Tests: theory, portfolio and in practice

EXPECT THE
UNEXPECTED

WHAT AFTER YOU RECEIVE YOUR DIPLOMA?



There is work for padel coaches!

Self-employed

Employee

Outsourcers

**EXPECT THE
UNEXPECTED**

WHAT AFTER YOU RECEIVE YOUR DIPLOMA?

LICENCE



Feature: quality

Every 2 years / 24 points

Development PD

Advantages Coach

“Long term coach development”



PLEASE CONTACT US

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